

Pre Dysport/Derma Filler Injection Instructions

- Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood, increasing risk of bruising.
- Avoid anti-inflammatory/ blood thinning medications, ideally, for a period of 2 weeks before treatment. Medications and supplements such as aspirin, vitamin E, Ginkgo Biloba, St. John's Wort, Omega 3 Fatty Acids (aka Fish Oils), ibuprofen, Motrin, Advil, Aleve, Vioxx and other NSAIDS are all blood thinning and can increase the risk of bruising and/or swelling after injections
- Schedule injection appointment at least 2 weeks prior to a special event which may be occurring, i.e. wedding, vacation, etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.